

Year 9 - Autumn Half Term 2

Week 1 – 02/11

How has my own sense of identity changed? (repeat)

How do people understand gender as part of their identity?

What people and services can I access to support my mental health and how can I identify the most appropriate for me?

Form Time:

Session 1 – supporting mental health – community

This session will focus on how we can support each other with mental health issues in school as well as where to seek professional support

Week 2 – 09/11

Review of keeping healthy and where to access support – Qs not covered so far are:

How can I prevent the spread of infections?

What are the attitudes of different groups to organ donation and related legislation?

Form Time:

Session 2 – organ donation

Informative session about what organ donation is and why people do it.

Week 3 – 16/11

What are the different national, regional, religious and ethnic communities in the UK?

Why is community cohesion important and how do communities change over time?

How can we show mutual respect and understanding for each other?

Form Time:

Session 3 – Appreciation vs. Appropriation

This session will provide an opportunity for students to discuss the differences between appreciating the different cultures within the UK and have a discussion about appropriation crossing the line of respect.

Week 4 – 23/11

What is a career?

What are my aspirations and career ideas?

What local, national employment opportunities are there for me now and in the future?

Form Time: Career session – provided by HS

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Week 5 – 30/11

What are the laws relating to my current permitted hours and types of employment?
How can health and safety risks be managed in employment?
Why is it important to protect my own and others' reputations and how can I protect my online presence)?
(Used as an opportunity to review what they can/can't do in employment and why - also online safety).

Form Time:
Jobs and careers this week

Week 6 – 07/12

- What do I know about teenage and young adult cancers? (review of lifestyle factors affecting adult cancers too).
- (This Q should be tackled in a wider session revising what we know about keeping physically and mentally healthy - not on its own).

Form time:
Understanding cancer
This session will be an informative and myth-busting session about cancer.

Week 7 – 14/12

How might alcohol and drugs affect my personal safety?
What skills do I have to offer support about drugs and alcohol (if they are at risk) to friends in need?

Form Time:
Drugs/Alcohol
This will be an informative session about the risks associated with drugs and alcohol

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Timetabled Wider Curriculum (PSHE) Lessons

<u>Lesson 1</u>	<u>Lesson 2</u>	<u>Lesson 3</u>
<p>What do I understand about different forms of contraception and their effectiveness? (Review) Can I identify trusted sources of support and provision of services for contraception and sexual health? (as opposed to asking a friend!) Can I safely use a condom?</p> <p>This will be the third session in the series of lessons about contraception and will focus on how to effectively use methods of contraception.</p>	<p>What is sexual harassment violence and what impact can they have? How do unchallenged gender and sexual stereotypes make sexual harassment or violence more likely?</p> <p>This session will draw upon the completed sexual harassment survey outcomes. This session will be informative as well as discussion based.</p>	<p>Body image/media's role</p> <p>This session is a follow up lesson from the lesson on developing a positive sense of self. The focus will be on the media's role in perpetuating standards of beauty. We will discuss how this can affect body image and the ways that students can feel positively about themselves.</p>

Conference Day

First aid: Do I have an understanding of First Aid skills in relation to drugs and alcohol?
How do I administer CPR and when might it be needed?
DO I have some strategies to keep myself and others safe if using alcohol?
How can I recognise and reduce risks?

Final contraception session -

Covers Sexual Harassment